

A space for investigating what arises between the meeting of our improvised dance-moving and our improvised drawing. A time for immersion in imaginary and embodied experiences. A way to compost the Autumn, surrender into Winter and into the depths of ourselves. A place for playfulness, curiosity, meditation, contemplation & surprise.

A chance to discover fresh inspiration for life. Facilitated by Marita Jacobsson (Community Artist) now fresh from Sweden after cultivating this creative arts way-of-being there.

**WHO:** This event will support women who are seeking a gently nourishing & energising retreat. You may find a deepened connection with yourself & with your natural creativity. Your inner artist & well-being will be enlivened...

**WHEN:** 1.15 - 4.30pm, Saturday 21st of June

**WHERE:** Illuminate Yoga Studio, Upstairs At The Mill, 18 Piper Street, Kyneton

**COST:** \$60 full, \$50conc.

**PLEASE WEAR:** Comfortable clothing to move freely in

**NOTE:** No prior dance or drawing experience required.

All art materials & afternoon tea supplied.

To confirm your place please make booking & payment via:

<http://www.trybooking.com/EZBC>

**CONTACT** Marita via Facebook: Moving AWE

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# Moving meets Drawing

## A creative gathering for Women

"I have come to believe that improvised dance involves literally giving shape to oneself by deciding how to move in an unsteady landscape. To engage oneself in this manner, with a sense of confidence & possibility is a powerful way to inhabit one's body & to interact with the world"  
Danielle Goldman, 2010

Image: 'birthing'  
water colour pencils on paper,  
by Marita Jacobsson, 2014