**![A close up of a logo

Description automatically generated]() Dance movement therapy progress report**

This template is provided as an example for therapists who do not have an existing reporting form to use. Therapists and agencies should adapt these for their own situation.  
A range of reporting information is included, all gathered by *MARA.*

|  |  |
| --- | --- |
| **Participant name** |  |
| **Group name** |  |
| **Reporting period** |  |
| **Attendance rate** |  |

|  |  |
| --- | --- |
| **Program goals  (this might be from agency or funding body)** |  |
| **Dance movement therapy objectives for this period** |  |
| **Dance movement therapy activities** |  |

**PROGRESS SUMMARY**

|  |  |
| --- | --- |
| **Objective 1**  **(copy this section as many times as you wish if you would like to report on objectives separately)** |  |
| **Therapist generated data** |  |
| **Participant response** | . |

|  |  |
| --- | --- |
| **Recommendations for future objective setting** | *Brief outline of possible future areas of therapeutic focus if the participant would like to continue accessing DMT.* |
| **Recommendations for additional support from, or referral to other services** | *If appropriate, provide suggestions for additional services or supports a participant may benefit from, based on assessment/ observations in DMT. For example, speech pathology, to support communication; other creative arts therapy modality; or mainstream dance classes to expand on an interest in a specific dance style.* |
| **Recommendations for ‘homework’** | *Here you might provide suggestions for activities or tasks that the participant may continue to work on between sessions, including tasks that families/carers might offer support to the participants to work on* |
| **Summary** | *Your overall report on participants’ progress (or otherwise) in the program and recommendation for further work (or not) through dance movement therapy.* |
|  |  |

|  |  |
| --- | --- |
| **Reporting DM therapist** |  |
| **Date of report** |  |